

chef for hire

home
delivered
meals

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cultural Meal Day</p> 				<p>1 Chicken Parmesan Parmesan Cheese Apples w/ Cherries & Almonds Broccoli w/ Red Peppers Mango Cup Milk</p>
<p>4 Oven Fried Chicken Whipped Sweet Potatoes Collard Greens Orange Juice Milk</p>	<p>5 Spaghetti/Meatballs Parmesan Cheese Italian Cut Green Beans California Veggies Mixed Fruit Milk</p>	<p>6 Smothered Chicken Breast White & Wild Rice Key West Veggies Wheat Bread Diced Pineapple Milk</p>	<p>7 BBQ Beef Green Beans Scalloped Potatoes WG Bun Diced Peaches Milk</p>	<p>8 Turkey Ham & Beans Diced Beets Diced Carrots Corn Bread Mixed Fruit Milk</p>
<p>11 Grilled Hamburger Mac & Cheese Festive Green Beans Diced Pears WG Bun Milk</p>	<p>12 Chicken Marsala Roasted Potatoes Broccoli w/ Red Peppers Mixed Fruit Milk</p> 	<p>13- Thanksgiving Dinner! Sliced Turkey w/gravy Maple Sweet Potatoes Festive Green Beans Pumpkin Pie Diced Pears Milk</p>	<p>14 Almond Crusted Fish California Veggies Scalloped Potatoes Diced Peaches Wheat Bread Milk</p>	<p>15 Pot Roast w/Gravy Broccoli Mashed Potatoes Applesauce Sunflower seeds Milk</p>
<p>18 Beef Stew Corn Turnip Greens Wheat Bread Diced Peaches Orange juice Milk</p>	<p>19 Bagel w/ Pork Sausage, Egg & Cheese Roasted Sweet Potatoes Applesauce Milk</p>	<p>20 Meatloaf w/Gravy Mashed Potatoes Brussel Sprouts Mandarin Oranges Milk</p>	<p>21 Cheese Lasagna w/ Veggie Marinara Capri Veggies Lima Beans Wheat Roll Diced Pineapple Milk</p>	<p>22 Jamaican Pork Roast Key West Veggies Root Veggie Blend Corn Bread Diced Pears Milk</p>
<p>25 Chicken & Noodles Rosemary Potatoes Italian Cut Green Beans Wheat Roll Birthday Treat Milk</p>	<p>26 Vegetarian Chili California Veggies Roasted Sweet Potatoes Corn Bread Tropical Fruit Milk</p>	<p>27 Italian Bowtie Pasta w/Beef Broccoli w/Red Peppers Green Beans Applesauce Milk</p>	<p>28 Happy Thanksgiving! Country Fried Steak w/Gravy Spinach Baked Potato Tropical Fruit Sunflower seeds Milk</p>	<p>29 Ginger BBQ Chicken Root Veggies Collard Greens Wheat Bread Diced Pears Milk</p>

*Menus are subject to change based on product availability.